

Resources for Families and Children with ADHD

CHADD - www.chaddofutah.com

A non-profit organization designed to help educate, support, and advocate for families affected by ADHD. There is information on local support groups, parent to parent training, conferences, etc.

Utah Parent Center - website for parent resources and education

Jordan Family Education Center -

Also may check local school district parent information/education center

Books

ADD-Friendly Ways to Organize Your Life by [Judith Kolberg](#) and [Kathleen Nadeau](#)

ADD and the College Student: A Guide for High School and College Students with Attention Deficit Disorder, Revised Edition, Edited by Quinn, Patricia O., 2001

ADD Quick Tips by Carla Crutsinger & Debra Moore

Driven to Distraction by Edward Hallowell and John Ratey

8 Keys to Parenting Children with ADHD by Cindy Goldrich

Executive Skills in Children and Adolescents by Peg Dawson, EdD
From Chaos to Calm: Effective Parenting for Challenging Children with ADHD and Other Behavioral Problems by J. Heinger and S. Weiss

The Gift of Adult ADD by Lara Honos-Webb

Late, Lost, and Unprepared: A Parents' Guide to Helping Children with Executive Functioning by Joyce Cooper-Kahn

Smart but Scattered by Peg Dawson

Smart Kids with Learning Difficulties (includes ADHD) by Rich Weinfeld and Linda Barnes-Robinson

Taking Charge of ADHD: The Complete, Authoritative Guide for Parents by Russell Barkley, Ph.D.

Teaching Teens with ADD & ADHD by A. Zeigler Dendy
You Mean I'm Not Lazy, Stupid, or Crazy? by Kate Kelly



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